Dear colleague:

With a mixture of admiration and satisfaction, I received by chance an issue of the journal *einstein*.

I believe it is a unique publication for its graphic quality and contents. It is even more notable for reporting the Brazilian scientific production in a language (English) that is accessible to a really broader public.

I would like to comment on one study; other articles help me to keep abreast – they are welcome although not related to my specialty.

I refer to a study by Prof. Saul Cypel, Humanization in newborn care: interpersonal relationships and their importance to the neurobiological organization (*einstein* 5(1): 69-73).

I think it is a great opportunity provided by *einstein* – to give access to a state-of-the-art study, which is somehow bold by addressing interdisciplinarity between the preventive medical practice (mental health) and theoretical hypotheses related to several points-of-view. I rarely have access to an article with such a broad scope.

More specifically: although the article was editorially classified as a review – which it effectively is – I believe its scope is broader and more useful. The author revises in a clear and synthetic fashion different issues, such as hypotheses; already empirically demonstrable theories; and clinically confirmed theories related to points of view and methods that have been developed by specialists and subspecialists. However, these professionals have performed in a static mode. Sometimes they are isolated in “ivory towers”. The integration of multiple standpoints confers the article the quality of rendering a true public service that is useful to many specialists: neonatologists, pediatricians, psychiatrists, psychoanalysts and hospital administrators. And it is an advance in Pediatrics and Child Psychoanalysis since it may anticipate and ameliorate physical and mental disorders and suffering that are well known.

The integration that Prof. Cypel made - based on neurosciences background with the already established psychoanalysis - goes beyond erudition of a review of hypotheses, albeit promising. In addition to the master class about empirically proven theories from radioimaging methods (such as mapping of amygdaloid body function), readers were provided with explanations about theories related to advanced psychoanalytical clinic (extracted from W.R. Bion works). It stands out because of the rare interdisciplinary integration achieved.

The grateful reader expects that Prof. Cypel could give us another more detailed study, with a different scope, but based on this article, about the neurochemical complexes of neurotransmitters that promote ignition of the circuits, as described on page 70 of the article (subtitle, Interpersonal bonds...).

Therefore, I would add to the function of these neurotransmitters, which is identical to practically any known subcellular function, the study of neurochemical complexes that promote inhibition of the circuits he described on the same page. Hence, the Wilfred Bion theory on thinking, when illuminating the function of the negative, of frustration, seems to me to have a basis and a counterpart in the brain function itself, regarding transmitters and their inhibitors and inhibiting enzymes.

It was a great pleasure to read this article, as well as others, and learn.

Yours sincerely,

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